



Sam McCue

Sitter Search

An Adult Baby's Guide
to Finding a Caregiver

Sitter Search

by

Sam McCue

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For Susan, who freed me.

The dynamics of human interactions are incredibly complex and impossible to predict. Neither the author nor the publisher assumes any responsibility or liability for your efforts to secure adult babysitting services by applying the strategies this book contains. While we are confident that the approaches detailed in this book can be followed successfully, you are wholly responsible for the outcome, and any loss or detrimental result sustained while doing so is neither the fault of the publisher nor the author. Both specifically state that they are not liable for consequences, either in whole or in part, that may arise from the application of the ideas and concepts contained herein. The decision to act upon the suggestions presented in this book is yours alone to make.

Foreword



I hope this book is entertaining, but I did not write it as entertainment.

Ever since I was aware that I was an infantilist, I've tried to be an *activist* infantilist. If you're cursed with something, why not try to make it work for you? That's been my attitude from the time I was a boy. I was nine years old when my mother diapered me during an illness, and I was aware enough of my attraction to diapers and baby things to ask her to continue.

I fully realize that many adult babies are content to keep themselves hidden away. I've never been content to be ignored or passed over. Since my teen years, I've always sought ways to fulfill my 'baby side,' whether it was a new diaper to try, a new onesie to wear or a new babysitter to care for me.

Even since before the internet, however, I've heard adult babies make excuses or rationalize the solitary nature of their infantile interests. I've had big babies tell me that they don't make enough money to pay for care, that they can't have anyone in their parents' house or their roommate's apartment, or that they think hiring a babysitter is just plain wrong.

In my view, however, every big baby deserves at least an opportunity to be babysat. Few people in your life will babysit you for free... that's just the harsh reality. Assuming you are not one of the lucky few who finds an accepting and willing caregiver in a Significant Other, you'll have to find a way to make other things happen in your life. Even if you must go out and mow lawns or take

a paper route, the money can be found. Admittedly, money solves a lot of problems, including the issue of an appropriate venue.

If you're an ethical naysayer, consider this:

Being cared for is just as ethical as providing the care.

What all the excuse-making comes down to, in most cases, is a poor self-concept. Unfortunately, infantilism tends to *feed* poor self-concepts. I know, because my infantilism fed my lack of self-worth for several years. I finally realized that I deserved whatever I could dream. You do, too. If you believe in God, try sharing my belief that God did not intend for any of us to die unfulfilled. A loving God would not have given us the desire to be cared for without also providing for us the means to fulfill that need.

Believe it or not, there are a legion of caregivers – some amateurs, some healthcare professionals, and some at all points in between – who will be willing to help you develop and nurture the infant or toddler within. I've found them in every part of the United States and in other countries as well. All that's required is that you share your story with them and show them that you believe yourself to be worthy of their time, effort, energy, and attention.

Unfortunately, investment always precedes dividend. Nothing worthwhile will ever come your way without effort. There is no certain outcome, but I can guarantee you this: If you spend your entire life waiting for a babysitter to land in your lap, you'll die unsatisfied. I firmly believe that the years we spend on this earth are too long to be perpetually unhappy.

I know my system will work for anyone who diligently applies it. The fact that you lack the money, the venue, or the

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courage to make it work is no one's fault but your own. You'll have to change yourself before you can find someone to change you!

Sitter Search is by far the shortest book I've written, probably the shortest book I will ever write. But the essential concepts are simple and easy to grasp and apply. If this book serves as a clarion call to help you live at least one of your dreams, my time and effort will have been well-spent.

If you use the strategies in this book to find a nanny, babysitter, or caregiver, please let us know about your experience. AB Discovery and writers like me prize your feedback. In a very real sense, your personal adventure is the next step in our collective journey. Here's hoping you will decide to push your chips forward and play the game.

Sam McCue

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Managing Your Expectations



If you're a diaper lover or an adult baby, finding a caregiver or an occasional babysitter isn't a particularly difficult task, provided you're willing to accept certain ground rules.

What follows is a list of five stipulations. If you're able to provide a positive answer to each question, there's no reason why you cannot find someone to babysit you or diaper and change you. If you cannot abide by one or more of these stipulations, on the other hand, you might do well to use the approach this book lays out to develop a babysitting relationship with a Significant Other, close friend, or relative.

First, outside of your Significant Other in a committed relationship, few people will be open to the idea of providing care for free. To secure the services of a babysitter or a caregiver, you must be willing to pay a decent hourly wage. This hourly rate will need to be paid each time you wish to engage the services of the caregiver. At some point, a raise in the hourly rate or per-session rate will likely be in order. Are you willing and able to pay for the care you want?

Second, at least initially, you must be able to 'manage' your expectations to *exclude* any sort of sexual activity. In fact, the ability to avoid becoming aroused while being diapered or changed is something you should try to develop. While many prospective caregivers can relate to providing infant-type care to an adult, very few are able to reconcile providing that care and seeing the 'baby'