

An AB Discovery Book

DIAPER DISCIPLINE AND DOMINANCE

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BESTSELLING ABDL AUTHOR

Diaper Discipline and Dominance

... a journey into up-ending the traditional...

Evelyn Hughes

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Introduction



Who is this book aimed at?

W This book is aimed at pretty much anyone at all! Adults of course, but in the world of diaper dominance and discipline, just about anyone can play. You don't need experience with diapers or to even be particularly drawn to them (yet!). All that is needed is openness, a willingness to try and of course, a taste for the wild side! It is a fabulous variation on play and life, and one you can enjoy immensely.

There are diaper fetishists (or Diaper Lovers) that love and enjoy diapers to a large degree, and they will jump at any dominance scenario that involves diapers – because it involves diapers. And of course, there are Adult Babies – adults who embrace not only diapers, but also the entire toddler or infant play range. You don't need, however, to be a Diaper Lover or Adult Baby to enjoy and embrace diaper dominance and discipline. It is for anyone and everyone! Diapers are a powerful tool for enhancing the sex life or for life in general. Even if you've never worn a diaper or seen anyone wearing a diaper, you can explore this.

Diaper Discipline and Dominance

Obviously, this is aimed for those in a relationship and it is largely a FemDom (female domination) scenario of a woman dominating a man, but it is also equally aimed at a man dominating a woman using diapers and baby play to control and discipline. We discuss both relational types, but the principles are similar. Despite the feminist influence, it is still true that most heterosexual long-term relationships place the man in the more-or-less dominant position. It is certainly nothing like the 1950s - where it wasn't simple dominance, but also inequality – however, positions of dominance and submission still apply to some degree. Diaper Dominance is one way of overturning that, either in general or in a specific area of relationships. You can use diapers to up-end the normal relationship dynamic by taking the normally dominant man and put him in diapers and reduce his status to that of a child or even baby.

While this book uses the more common dominant female and submissive male structure, the reverse is quite common and if the web is any guide, rapidly growing.

Diaper Discipline and Dominance (DDD) isn't abusive or demeaning, but rather a valid option for how you might want to play or live. So, let's take a look at how this might work for you.

BASIC CONCEPTS



Basic Concepts



Why Diapers?

Diapers are an extraordinarily powerful device or item for domination and discipline. As adults, we intrinsically associate diapers with infancy and when an adult is wearing a diaper, it implies a level of babyishness or childishness or even physical or emotional inadequacy. It also imputes an external power structure in that there is someone who naturally must be ‘taking care’ of the person. It may not be politically correct, but the wearing of diapers can be associated not just with a lack of bodily control, but also physical and emotional immaturity and the need for a carer like a parent or a care-giver. This has the intrinsic nature of dominance of a parent/caregiver and a baby.

It seems simple, but the use of a diaper is one of the most powerful items (after spanking) we have for dominating and disciplining an adult. If you’ve not employed diapers in your life, then you are clearly missing something!

Dominance vs Discipline

Diaper Discipline and Dominance

The title of this book uses both words – Dominance and Discipline - and that is no accident. This is because they are not the same thing, not even close.

Discipline is about *punishing or correcting* a specific misdeed or bad behaviour even if the rules are artificial and deliberately designed to be flouted. In the diaper scenario, the diaper is part of this discipline and is associated with a specific act or deed.

Dominance, however, is about the *power structure* in which the relationship exists and about who now takes the lead and who makes the choices. In the case of diaper dominance, this may be a permanent or semi-permanent switch of the normal structure or may exist just in certain situations. We will discuss this in detail later on.

Consent and Diaper Dominance and Discipline

In any power exchange scenario – which Diaper Dominance certain is - the issue of consent is an important one. It is of prime importance to accept that as adults we retain the individual right to consent to anything that happens to our bodies, but at the same time, the concept of dominance *generally* precludes the specific need for consent for a particular act. By this, I mean that a person who originally consents to diaper dominance voluntarily gives up his normal adult ‘right to choose’ to another person (usually the partner). The spanking is the partner’s choice, not the diaper wearer’s. Wearing a diaper or not is also the partner’s choice, along with the myriad options for activities in a DDD environment.

So, with those introductory thoughts out of the way, let’s take a look at diapers for the adult and how it can be both fun and helpful to all concerned.



Adults and Diapers



Over the past 20 years, the world of adult diapers and diaper-wearing has been radically transformed. The range of products is astonishing as well as the fact that so many adult-sized diapers are clearly aimed at the non-medical market.

There is a wide array of baby-print disposable diapers for adults. There are also baby-style cloth diapers with a stunning collection of plastic pants, ranging from plain to very babyish. Rather obviously, it is not just the incontinent that are wearing diapers, but also those who wear by choice for convenience, fun, being babies, for sexual fetish reasons or because... someone else is making them wear diapers! Check out Google or eBay for the ever-expanding range of adult diapers and plastic pants.

Diapers, as we normally think of them, are for babies who are not yet toilet trained or for preteens/teens with a bit of a bedwetting problem. Additionally, we also understand that diapers are worn by some disabled and some of the elderly to mitigate bladder problems. But oh, how that is changing!

Non-medical use of diapers is rising at an extraordinary rate. First, there are the convenience wearers – those that wear when

Diaper Discipline and Dominance

going out to a public place where queueing for an open-air toilet is a far worse option than a thin, convenient adult diaper. Some staff members are wearing them when the availability of toilets or toilet-breaks is limited. But...

What about the incredible range of adult disposable diapers that have baby prints on them? The wide array of plastic pants that are also in baby prints also tell us that something is happening in society that we don't yet openly talk about. Adult babies are fairly rare, perhaps one in a thousand people. Diaper Lovers are similarly rare and yet, the use of adult diapers is sky-rocketing. More adult diapers are sold in Japan than infant ones. The USA and UK are not far behind. Europe produces a swathe of adult diapers that no mere incontinent would ever wear. The baby patterns and deliberate bulkiness are clearly not simply for the incontinent.

Diapers are now being worn by more and more people who don't actually need them, but rather use them for other reasons.

Modern TV shows now frequently make reference to wearing diapers, usually in quick one-liners, but they are becoming more mainstream by the day. It is not something many will admit to publicly, but like spanking and BDSM... it happens, but not to anyone you know... apparently!

Just as BDSM has become more-or-less mainstream by virtue of books and movies, expect diaper wearing to eventually go the same way. The sheer volume of diaper-wearing now suggests it is already very common and now, only the openness and awareness about it needs to change.