

The Importance of Crying for the Regressive Adult Baby

One of the most difficult behavioural traits for an infantilised adult sissy to achieve is something we women have no trouble with at all - crying. A sissy baby infant needs to be able to cry for many reasons, but perhaps the most important one is that of personal development and growth. Men occasionally cry, but typically only at extreme circumstances and even after experiencing the release and satisfaction from a good cry they then revert back to the macho male world of never crying again. The men in our lives could certainly learn to cry, but the babies in our lives should surely not even be given the opportunity to not cry. Adult infants and especially sissy infants must be able to cry and to do so often and easily. So it is one of those happy co-incidences where a need meets a benefit and we as wives and mothers of these babies can give our infants quite a wonderful experience by being able to cry often, easily and hard.

Who is to blame for our babies' failure to cry? Well, apart from human nature it is us women - mothers and partners - who must shoulder part of the blame, if not most. Be honest now... we expect our men to be men and to tough it out and to not cry. We say the right words about how our men should learn to cry, but when they do we are secretly repulsed or at least unimpressed. Or when they start to cry we do everything to stop it when what we should be doing is promoting more crying. So how much more should we react to our adult infant's crying and their need for it? So here is the first point we need to learn.

1) YOU NEED TO BE PROUD OF YOUR BABY'S CRYING

Yes, you need to feel a sense of pride when your infant cries. It is a success, not a failure. It is beautiful and not ugly. Your child is developing their infant side more and learning some of the deep secrets of successful babying that so few learn and suffer as a result. When you see tears in your baby's eyes or hear sobbing during a spanking, smile and be glad that your little girl is experiencing something few men get to - emotional release. And they are also experiencing something few babies get as well - authenticity. Only real babies cry!

2) CRYING IS GOOD

Without crying, your baby girl will fail to find the fullness of infant life. Crying opens the door to the world of infant emotions; of dependence and of true regression to their natural state. For some mothers, a crying child is scary, but you need to move beyond fear and to discover that when your child is crying they are entering a good safe place. I can hear the objections now from mothers around the world saying 'but if they cry won't they stay babies longer?'. Ironically the answer is the

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opposite. A baby that learns to cry and to do so enthusiastically and often will satisfy their regressive urge quicker and more completely. If crying is emotionally healing for women, why would it not also be for a sissy baby infant?

3) BE INVOLVED IN YOUR CHILD'S CRYING

Allow yourself to be part of your child's sobbing and tears. Cuddle, comfort and be with them. There are exceptions of course. If you have just disciplined your child rather hard and she is crying as a result, then after the initial cuddle and comfort you should put your girl back in her cot or punishment corner and let the crying run its course. But even then you are still involved. You are not pretending it isn't happening; you are putting it into perspective.

4) ENCOURAGE YOUR CHILD'S CRYING

Parents rarely encourage their children to cry as they naturally want a happy child and a growing child. They want their child to grow up and stop crying and to develop other methods of communication and dealing with emotions. But our girls are different. They are infants and we want to encourage them in their infancy, to grow younger and to experience the simplicity and wonder of dependent infancy. We want our babies to cry and to do so often and long. And so we encourage our girls to cry. How? Mainly by being proud of previous crying, rewarding a good cry and by reminding them how much better they feel after a good cry.

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Developing crying in your child

Hopefully by now you are convinced that crying is going to be a rewarding part of life for both you and your baby girl. The problem remains how to get your daughter back to a place of being able to cry. Well there are some hints and suggestions that may work for you, but ultimately the responsibility lies with you and your daughter wanting to implement crying into your mother/baby relationship. Without seriously wanting it and being prepared to work at it, you will probably not succeed.

1) Determination to start crying

You and your child need to discuss this with each other and you the mother needs to inform her that you wish to commence crying as part of the relationship. The child needs to agree as without it there will be nothing but failure. As the parent you are entitled to demand crying, but without the child's agreement you will find it hard to implement (although not impossible). Negotiate your way through but it is not unreasonable for you to demand that she cries at least sometimes.

2) Define your crying level

This can be difficult to do at the start and so it is something to perhaps keep in mind as you go along rather than be all finicky right now. We cry when we are emotional or in pain. A baby however cries when they are hungry, wet/dirty or uncomfortable. They cry when they are scared. And sometimes they cry for no apparent reason. So have a bit of a think about when you want your baby to cry? Upset? Wet? Dirty? Hungry, Scared? Punished? Embarrassed? Something to ponder...

3) Be ready for funny sounds!

Your baby is probably very inexperienced at crying and will at first sound quite odd, weird or even humorous. Just don't laugh at her! In time she will develop her own sound and her own style and in time, will sound more like a baby but in reality, no adult ever matches the sounds of an infant crying, but the emotional release she will achieve is just as good.

4) Post crying emotions

Ladies, when your child finishes her crying you may feel embarrassed, ashamed or confused. Be ready for it and remember it is common. And your baby will possibly feel those same emotions when they come back to adulthood with a tear stained face or sore ribs from sobbing. It is this stage that is so critical to developing good crying where you both encourage each other regarding the benefits of what your baby just did. Be proud of it. Be determined to repeat it.

4) Train her to cry.

Sounds simple doesn't it? Well it isn't! As said before, crying for men is unnatural and yet for babies is very natural. Moving crying into a part of your daughter's experience may be very difficult or it

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may be relatively easy, but the truth is that without your involvement, direction, guidance and expectation it won't happen at all.

The best place to start crying training is to take the opportunity for moments when your baby is emotional eg a sad movie. Also the hormonal cycle of your girl's faux-menstruation cycle is an ideal time to take advantage of emotional upheaval. Encourage her to cry and to let tears flow during emotional moments in movies. If she is scared of the dark or thunder then cuddle her and encourage the sobbing and crying to arise. And sending an emotional 'menstruating' baby girl in a dirty nappy to stand in the punishment corner will certainly get some blubbing boiling beneath the surface. It should be easy to get it to the surface with some encouragement or a 'lecture'.

The important single issue is to get that first cry out. Once your child has her first cry then the rest will be much easier.

It is quite obvious that spanking has an enormous part to play in your girl crying and especially in learning to cry. The secret to effective discipline-driven crying is pain. If you want your daughter to learn to cry over your knee or bent over the bed, then you need to be ready to work on her. By now you will already be doing maintenance spanking and know the level your girl takes with relative ease. There are no tears or sobs there. You will probably have the occasional heavier maintenance session of 2-3 times the usual number and it will hurt. And then you will also have genuine discipline sessions which are much harder again. It is during discipline that the chance of learning to cry exists.

You don't necessarily have to hit harder although a little bit harder is good. What you want mostly is repetition and variety of implements. Just keep hitting and hitting until you sense your girl's barriers come down. You will feel it physically when she stops resisting you and trying to tense up to weather the blows. She has given in. When you feel that point arrive then you are in the 'learning zone'. All good parents know of the 'learning zone'. It is the place where your child's resistance to learning is gone and in its place is a pliable child. They learn the errors of their ways, but in the case of sissy babies like ours, they learn to cry as well! Expect crying and sobbing. Demand it! Yes, demand it! And so you continue to paddle and to strap until your child bursts into tears and has her first good cry in a very long time. Don't stop there. Keep spanking for a good while after she starts to cement the lesson. A good cry demands a good spanking.

And what do you do the next day after her first spanking-led crying? Yes, you do it again. Her bottom will be very red and very sore and you may get tears or sobs before you even get to 50. The first time may have taken 200+. It is appropriate to expect a spanking cry at every discipline time and once she starts crying it would be wrong to not expect it.

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Integrating crying into your child's life

It is of enormous value to you if your child cries a great deal. You may tire of it and I can assure you from experience, at times you certainly will. Every mother does! But in the case of your infant, the crying should continue and expand. Now that your child has cried a few times, it is time to put crying into place in her life. Not all of these will suit you or be appropriate and it is up to you to choose, but remember that a baby that cries most days will be a happier one.

1. Crying when being disciplined. We have already dealt with that and it is important that your
1. child be crying during almost EVERY discipline or punishment you administer.
2. Crying when upset or scared. Very effective for calming them down.
3. Crying when sent to bed early. You are already sending to bed early on occasions, aren't
4. you? There are few things more effective in maintaining your position as mother than
5. sending your husband to bed an hour before you and babying him back to infancy and then
6. seeing the tears and hearing the plaintive cries.
7. 4. Crying when the nappy needs changing. It is a gloriously powerful experience as the
8. mother
8. of a dependent child to hear your child crying that her nappy needs changing or the cot
9. sheets are soaking wet.
10. 5. Crying when hungry or thirsty. These are advanced skills but truly worthy of attempting.
11. When your baby is in the fully regressed state you want your girl to cry when she needs her
12. bottle. You will learn to see the signs and to relate to her in a more typically infant manner
13. when she starts to cry.
14. 6. Tantrum crying. Does this need to be explained? You don't want it of course but you will
15. probably get it at least a couple times. Like all good mothers, a thorough paddling will make
16. the crying more deserved!

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Summary

Crying is under-rated by many babies and their parents. But it can seal a baby's experience and take them a little younger and a lot more authentic. If you want your baby to discover their true inner infant, then crying is essential. Don't short-change your baby's life because you feel challenged by the spectre of a 200lb crying sissy baby in a dirty nappy. That is NOT what they are but rather a 25lb sobbing infant girl. You need to see that too.

Only the very best babies cry and only the most truly authentic babies really find themselves.